

Good News Bulletin November 2018

NOVEMBER STUDENTS OF THE MONTH:

We are proud to announce The Students of the Month have been selected for November 2018. They are:

Freshman –Cody Pedersen Sophomore – Olivia Cerbie Junior – Nicholas Addeo Senior – Lexi Parente

The above students have met the following Criteria:

- 1. Must meet high academic standards in class.
- 2. Exhibit positive character and influence on class/school, dignity, respect, trustworthiness, responsibility, caring, and citizenship.
- 3. No unexcused lates of any kind for the month. No discipline referrals in the last month.

Congratulations to all of you!

HELPING

MTHS COMMUNITY SERVICE

HANDS Students from MTHS gift wrapped presents for the holidays for children of families in need that receive a monthly food distribution from *The Deacons' Food Cupboard* in Jamesburg. Each gift needed to be wrapped neatly and labeled properly for the boys and girls receiving the gifts. The following students performed this "Act of Kindness" for children. **Kenny Dinicola, Richard Edwards, Steven Grasso, Hassan Hill** and **Erik Zelikovsky** along with both **Mr. Jeffrey Shanfield,** their teacher at MTHS and the District Transition Coordinator, **Ms. Erica Friedman** completed this activity beautifully. John Drozdowski and Terri Koenig, the coordinators at the cupboard are so appreciative of the nice work the students accomplished.

Peace Ambassadors!

Peace Begins With A Smile: Our Journey as Peace Ambassadors

Written by: Parthaneya Khalil and Matthew Yuro Special thanks to all the Peace Ambassadors who contributed!



Photo: All our wonderful Peace Ambassadors with the Incredible Mykee Fowlin!



What we have done so far this year

Our Events

September: Day 1

By: Parthaneya Khalil

It's the first day of school, and summer vacation has come to an end. To bring up everyone's spirits (with a peaceful message of course), our principal reads a speech written by our Peace Ambassadors right before the end of 1st block. The speech states that our school respects all people regardless of race, gender, religion, ethnicity, etc... This Diversity Acceptance speech is also hung up in every classroom. Along with that, the Peace Ambassadors hand out special bracelets that say "Kindness Matters" during each gym block to spread the important message to stay kind to one another.



Photo: Our bracelets that were handed out! Taken by: Riya Patel

October: Mykee Fowlin

By: Parthaneya Khalil

Dr. Michael Fowlin, known as Mykee Fowlin, is an incredible performer. In October he performed his incredible show, "You Don't Know Me Until You Know Me" to the freshmen class. This performance consists of Mykee playing four different individuals that have dealt with discrimination and adversity. As he plays these roles, he interacts with the audience and connects them with the individual he plays. As he does so, he also tells the audience how he relates to each story and how students in the room could possibly be going through the same. He does this presentation with the ability to express his love and support for individuals who go through any of the struggles he speaks of and how to overcome those struggles.



Photo: Mykee Fowlin performing for the Class of 2022 Taken by: Parthaneya Khalil

November: Challenge Day

by Matthew Yuro



Challenge Day is a nonprofit organization that helps people learn to connect through powerful, life-changing programs in their schools, businesses, communities, and families. Challenge day is also the name of their signature school program. Using highly interactive and energetic activities, the program provides teens and adults with tools to break down the walls of separation and isolation and replace them with compassion. They challenge people to live, study, and work in an environment of acceptance, love, and respect. They stand for a world where everyone feels safe, loved, and celebrated. The incredible hosts of Challenge Day spend three days in

November every year at MTHS with a new group of students each day. Every year, it is incredible to see how a room mixed of strangers, or students that may have had conflict with each other can all come together and support each other as if they had known each other forever. The impact Challenge Day has on the students is mind blowing. No student ever walks out of Challenge Day with the same mindset they had as they walked in!

Stay tuned for more exciting events sponsored by the Peace Ambassadors in the upcoming months!



CHEERLEADING

Congratulations to Captains **Nicole Ryan** and **Paris Harrington** for being selected to the NJCDCA All State recognition. This makes them two of the top twenty cheerleaders in the state and MTHS firsts in over six years. Way to Go Ladies!



MTHS UNIFIED CLASS

The Monroe Township High School Unified programs have earned the honor of being recognized by the Special Olympics of New Jersey as the Unified School of the Year and the Special Olympics National as a National Unified Champion school.

Our unified programs have grown tremendously at MTHS. We have very unique unified offerings which includes two Unified PE Classes (Falcon P.A.L.S.), a 18-21-year-old Community Based Fitness Unified class. Our Unified PE classes are used as a model program for the Special Olympics NJ. New to our program this year is an amazing unified music appreciation class which offers a cutting-edge approach to inclusion through music and our unified "living on your own class" which provides students with the skills needed to flourish as adults. All of the unified classes in our program are being sought out to be implemented in schools across the North East.

Our unified activities carry over into after school with various clubs and sports. Our unified club, Project F.U.N. (Falcons Unified Now), UP (unified partnership) Dance and UP fitness which includes yoga, Zumba and strength training. We also have over three unified athletic teams which include, soccer, basketball and track and field.

We are extending our UP programs to the elementary schools with the help of our 18-21-year-old unified CBF class and our senior Falcon P.A.L.S. We will be visiting our lower level schools to conduct activities that engage students with intellectual disabilities in a unified setting with their "typical" peers.

Our philosophy at MTHS is to afford every student the opportunity to engage in activities that will help them grow and thrive in a safe, non-judgmental environment. We believe that every student has the right to have fun and learn together.





LACROSSE

Congratulations Elizabeth Skobelev Division 1 Girls' Lacrosse signing for Rutgers in the Big 10!







HELPING Ben Ostner and some of his Falcon Friends took part in The Cool School Challenge, a Polar Bear Plunge, which was held in HANDS Asbury Park. The Monroe

Township High School team was able to raise over \$3000. We also had the largest showing of any school in the state of New Jersey, as we had over 25 members take the plunge.

Proceeds from the funds generated will have a direct impact on Unified Sports in Monroe Township, as Special Olympics will direct a percentage towards our athletic programs.

As most of you know, our school has 4 separate Unified teams (soccer, basketball, bowling and track), which pairs students with special needs and their general education peers and places them in competitive settings against other unified teams. Monroe Township High School was the only New Jersey school to be recognized as a National Unified Partner School for the 2018 school Congratulations to everyone who year. supported this event!



FBLA

The results from the Fall LifeSmarts Challenge are in! Congratulations to the team MRMTHS of Manan Shah and Rashmi Kapse! They have qualified to compete in this event at the NLC in San Antonio, Texas in June-July 2019!

We are very proud of all of our students and their accomplishments!

